



**The Flame of Love  
of the  
Immaculate Heart of Mary**

Elizabeth Kindelmann



*Excerpts from  
Her Spiritual Journal*

**Flame of Love of the  
Immaculate Heart of Mary Movement,  
Ireland  
[www.flameoflove.ie](http://www.flameoflove.ie) [info@flameoflove.ie](mailto:info@flameoflove.ie)  
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Elizabeth Kindelmann, maiden name Szántó, was born on June 6, 1913 at Saint Stephen's Hospital, in Kispest, Hungary. She was baptised on June 13, 1913.

From the posthumous writings of her spiritual director, who died in 1976, we learn that she came from a poor family.

Her parents were Joseph Szántó, printer (1871-1917) and Ersébet Mészáros (1878-1924). Her father was Protestant and her mother Catholic. The children were educated and raised as Catholics.

Elizabeth had twelve brothers and sisters, six pairs of twins. She was the thirteenth child, the only one without a twin. Tragically, she was the only child to make it to adulthood. Seven of her siblings died during the Spanish Plague of 1919. Two died in the aftermath of diphtheria and two more died accidentally. Another brother died as an infant, and Elizabeth never got to know the cause of his death.





## SINCE YOUR BIRTH I HAVE AWAITED YOU

**April 8, 1962**

**Jesus:** “Since your birth I have awaited you and all the souls.”

“My Lord, never let go of me!”

**Jesus:** “You let go of Me. I did not let go of you.”

“O my Jesus, that is why I have been so unhappy and without learning. Educate me, my Master.”

**Jesus:** “My daughter, renounce your will. I ask this so many times because you can only share in My work of Redemption if you live united with Me totally and without interruption at every moment.

My little Carmelite, remember when you became a widow and your children were growing up, you would ask each one to help you for just an hour. What a great help that would have been for you. How sad you were when they excused themselves with every kind of pretext. You did your tasks alone and abandoned.

Think of how many children I have, My daughter. How delightful it would be if each one helped Me only for one hour. In those moments, My thoughts go in a special way towards those souls consecrated to Me. Those are the chosen ones of My Heart. Even though they are chosen, they do not want to be intimately united with Me. They are distracted by their worldly concerns. Immerse yourself in Me. Take their place, not just for one hour but continuously. Do not ask Me what to do.



Be creative! Take advantage of every opportunity to quench My thirst with your desire to save souls.”

## FIRST COMMUNICATION OF THE BLESSED VIRGIN

**April 13, 1962**

On that day, according to the desire of the Lord Jesus, I adored Him and made reparation from noon until three in the afternoon. I asked the Blessed Virgin to engrave the Holy Wounds of her Divine Son in my heart and urged her to have more compassion for us. My tears flowed abundantly as I could feel the indescribable pain and the sobs of the Mother of Sorrows deep in my heart.

Sobbing, she said to me:

**Virgin Mary:** “My little Carmelite, so many sins are committed in this country. Help me. Let us save the country. I place a beam of light in your hands; it is the Flame of Love of my heart. Add your love to this Flame and pass it on to others, my little one.”

“My Mother, why do you not work miracles like you did at Fatima so people may believe in you?”

**Virgin Mary:** “The greater the miracles, my little one, the fewer those who believed in me. I asked for the First Saturdays and they never heeded my request. I am your gentle and understanding Mother. United with you, I will save you. King Saint Stephen consecrated



your country to me and I promised him that I would gather his intercession and that of the other Hungarian saints into my heart.

I would like to place in your hands a new instrument, which I want you to accept and appreciate the importance of, because my heart looks upon my country with great affliction. The twelve priests whom my Divine Son chose will be the most worthy to fulfill my petition.

Take this Flame, my daughter, you are the first one I am handing it to. It is the Flame of Love of my heart. Ignite your own heart with it and then pass it on to others.”

The Blessed Virgin was sobbing so much that I could barely hear what she was saying. I asked her what I had to do. On behalf of the entire country, I promised her everything so I could relieve her pain because my own heart was on the verge of shattering.

### **THE MIRACLE OF THE FLAME OF LOVE**

**Virgin Mary:** “With this Flame full of graces that I give you from my heart, ignite all the hearts in the entire country. Let this Flame go from heart to heart. This is the miracle becoming the blaze whose dazzling light will blind Satan. This is the fire of love of union which I obtained from the Heavenly Father through the merits of the wounds of my Divine Son.”





## A SUBLIME MISSION: TO SPREAD THE FLAME OF LOVE

**April 15, 1962**

**Virgin Mary:** “My little Carmelite, I invite those living in the house of the Carmelite Fathers. They accomplish missionary work throughout the country with great devotion and love. Let them be the first to receive the Flame of Love and spread it. Their mission is sublime and moving. Don’t hesitate, start working as soon as possible.

My Flame of Love will go forth from the Carmel. They are the ones who honour me the most, or rather, they are the ones most called to honour me. Take two little candles. Light up your little candle first, and then the other one from it, then pass it on to my beloved son who will spread it among my twelve most devout souls.”

(Later, I asked the Blessed Virgin whether the twelve priests were all Carmelites. She said, “No.”)

## THE FEAST OF CANDLEMAS

**May 4, 1962**

**Virgin Mary:** “On the feast of Candlemas (February 2<sup>nd</sup>), my beloved sons will introduce the Flame of Love of my heart in procession, so that, in such fashion, it becomes a living fire in the hearts, in the souls. Everything must be prepared in such a way that it spreads like wildfire. Let those souls whom I have

chosen do everything to prepare for the great mission ahead.”

## **SATAN BLINDED FOR A FEW HOURS**

**August 1, 1962**


**Virgin Mary:** “Now, Satan has been blinded for some hours and has ceased dominating souls. Lust is the sin making so many victims. Because Satan is now powerless and blind, the evil spirits are set and inert, as if they have fallen into lethargy. They do not understand what is happening. Satan has stopped giving them orders. Consequently, souls are freed from the domination of the Evil One and are making sound resolutions. Once those millions of souls emerge from this event, they will be much stronger in their resolve to stay firm.”

As the Blessed Virgin spoke, she allowed me to experience what was happening in these souls under the power of grace.

## **THE TIME IS CLOSE**

**Virgin Mary:** “Gather strength from so many graces, my little one. I gratified you so that if new doubts should enter, the inextinguishable fire of my Flame of Love will already be burning in your soul. Already you see how sublime this is.”


**Virgin Mary:** “I assure you, my little one, that I have never before given into your hands such a powerful




force of grace, the burning flame of the love of my heart. Ever since the Word became Flesh, I have not undertaken a greater movement than the Flame of Love of my heart who rushes to you. Until now, nothing could blind Satan as much. And it is up to you not to reject it, for this rejection would simply spell disaster.”

“My Heavenly Mother, you’re entrusting me with this great Cause, me the most miserable in the world? Me, a beggar clothed in rags. I am worth nothing in human terms and much less in your sight.”

**Virgin Mary:** “My Flame of Love will first flare up at the Carmel, my little one, for is there any place where I am more venerated? They are the ones who are called to venerate me the most. Also, the Daughters of the Holy Spirit, together with those devoted to me, must collaborate in spreading the Flame of Love.



Hurry, my little one. The moment is near when my Flame of Love will ignite. At that moment, Satan will be blinded. I want all to feel it in order to increase your trust. This will give you great strength. All those whom this force will reach will feel it. The Flame will ignite and will reach the whole world, not only in the nations consecrated to me, but all over the earth. It will spread out even in the most inaccessible places, because there is no place inaccessible to Satan. From it, draw strength and confidence. I will support your work with miracles as never seen before, and that the reparation to my Divine Son will accomplish imperceptibly, gently and silently.”







## FEAST OF THE FLAME OF LOVE

**Virgin Mary:** "I ask the Holy Father to make the feast of the Flame of Love on February 2, the feast of Candlemas. I do not want a special feast."

## INCREASED DESIRE TO SAVE SOULS

**August 6, 1962**

From the morning until the time of Communion, or a little while before, the Lord again overwhelmed my soul with complaints.

**Jesus:** "No soul I have entrusted to the care of My priests ought to be damned. This word, damnation, causes a terrible pain in My Heart. I would suffer death on the Cross again for each soul, even suffering a thousand times more since there is no hope for the damned. Prevent this! With your burning desires, save souls."




## NOVEMBER:

## MONTH OF THE EFFECT OF GRACE

**October 13, 1962**



I asked for the effusion of the graces of the Flame of Love of the Most Holy Virgin on the suffering souls. The Lord Jesus allowed me to sense that, in that moment, a soul was freed from purgatory. I felt in my soul an indescribable relief. At that moment, by a pure grace of God, my soul was plunged into the immeasurable bliss





of a soul that comes into God's presence. Then I prayed with all the strength of my soul for the dying priests. Meanwhile, a great feeling of anguish filled my inner being, which is the suffering the Lord gives in order for me to reap souls along with Him. During my deep meditation, a delicate sigh, like a breath of the Blessed Virgin, surprised my soul.

**Virgin Mary:** "My little one, your compassion for the poor souls has so moved my motherly heart that I grant the grace that you sought. If at any moment, while invoking my Flame of Love, any of you pray in my honour three Hail Mary's, a soul is released from purgatory. During November, the month of the deceased, ten souls will be released from purgatory for each Hail Mary recited. The suffering souls must also feel the effect of grace of the Flame of Love of my maternal heart."



## TO BLIND SATAN

**October 19, 1962**

**Virgin Mary:** "My little one, my Flame of Love has become so incandescent that I want to spread on you not only its light, but also its warmth with all its power. My Flame of Love is so great that I can no longer keep it within me; it leaps out at you with explosive force. My love that is spreading will overcome the satanic hatred that contaminates the world so that the greatest number of souls is saved from damnation. I am confirming there has never been anything like this



before. This is my greatest miracle ever I am accomplishing for all. (She begged me not to misunderstand her.) My words are clear as crystal and easy to understand, hence do not create confusion with misinterpretations. Your responsibility then would be great if you ever did this. Get to work, do not be lazy. I will help you in an almost miraculous way, and my help will always continue. Trust me. Act quickly. Do not put off my Cause to another day.

Satan does not look on with his arms folded, he is making enormous efforts. He already feels that my Flame of Love is lighting. This provoked his terrible fury.

Enter into battle, we will be the conquerors. My Flame of Love will blind Satan to the same extent that all of you spread it around the world. Just as the whole world knows my name, so I want the Flame of Love of my heart performing miracles in the depths of the hearts to also be known. There will be no need to investigate this miracle. All will feel its authenticity within their hearts. Whoever has felt it once will communicate it to others because my grace will be active in them. There is no need for authentication. I will authenticate it myself in every soul so that all recognise the effusion of grace of my Flame of Love.”





## AN IMPORTANT EJACULATORY PRAYER

### October 1962 – A later note

I am going to record what the Blessed Virgin told me in this year, 1962. I kept it inside for a long time without daring to write it down. It is a petition of the Blessed Virgin:

**Virgin Mary:** “When you say the prayer that honours me, the Hail Mary, include this petition in the following manner:

‘Hail Mary, full of grace... Pray for us sinners, *spread the effect of grace of thy Flame of Love over all of humanity, now and at the hour of our death. Amen.*’

Note: The competent bishop asked Elizabeth: “Why the very old Hail Mary should be recited differently?” - On February 2, 1982, the Lord answered:

**Jesus:** “It is exclusively thanks to the efficacious pleas of the Most Holy Virgin that the Most Holy Trinity granted the effusion of the Flame of Love. By it, ask in the prayer with which you greet My Most Holy Mother: ‘*Spread the effect of grace of thy Flame of Love over all of humanity, now and at the hour of our death. Amen.*’ So that, by its effect, humanity is converted.”

**Virgin Mary:** “I do not want to change the prayer by which you honour me; by this petition, I want rather to shake humanity. This is not a new prayer formula; it must be a constant supplication.”



## **ATTENDING MASS BLINDS SATAN THE MOST**

November 22, 1962

**Virgin Mary:** "If you attend Holy Mass while under no obligation to do so and you are in a state of grace before God, during that time I will pour out the Flame of Love of my heart and blind Satan. My graces will flow abundantly to the souls for whom you offer the Holy Mass, because when Satan is blinded and devoid of his power, he is unable to do anything. The participation in the Holy Mass is what helps the most to blind Satan. Tormented and breathing out terrible vengeance, he wages a ferocious battle for souls since he feels the impending coming of his blindness."

## **THE EARTH WILL KNOW GREAT TRIBULATION DUE TO LACK OF FAITH**

**March 27, 1963**

The Lord Jesus had a really deep conversation with me. He asked me to urgently take the messages to the bishop. (It was March 27, 1963, and I did that.)

He spoke to me at length about the time of grace and the Spirit of Love quite comparable to the first Pentecost, flooding the earth with its power. That will be the great miracle drawing the attention of all humanity. All that is the effusion of the effect of grace of the Blessed Virgin's Flame of Love.

The earth has been covered in darkness because of the lack of faith in the soul of humanity and, therefore,





will experience a great jolt. Following that, people will believe. This jolt, by the power of faith, will create a new world. Through the Flame of Love of the Blessed Virgin, faith will take root in souls, and the face of the earth will be renewed, because “nothing like it has happened ever since the Word became Flesh.” The renewal of the earth, although flooded with sufferings, will come about by the power of intercession of the Blessed Virgin.


## **I, THE BEAUTIFUL RAY OF DAWN, I WILL BLIND SATAN**

**May 19, 1963**

After the long conversation, a brief pause and silence... The Blessed Virgin made her voice heard in my heart, and somehow her words were intertwined with those of the Lord Jesus.



**Virgin Mary:** “You also, my little one, were among the early risers. When your soul was still in the darkness of night, I made my Flame of Love shine on you, and by its smooth, caressing warmth, I gave you a new strength. Many souls are asleep out there like yours was, and I also want to project on them the life-giving rays of my maternal heart, the effect of grace of my Flame of Love. Listen, currently, earth is like nature before a storm. It can also be compared to an erupting volcano which smothers, kills and blinds with the infernal smoke and its falling ashes. Its tremors disturb everything around it. Such is the terrible situation of the





earth at this moment. The crater of hatred is boiling. Its deadly sulfur ashes change souls created in the image and likeness of God into gloomy and colourless creatures.

And I, the beautiful ray of dawn, I will blind Satan. I will free this world darkened by hatred and contaminated by the sulfurous and steaming lava of Satan. The air which gave life to souls has become suffocating and deadly. No dying soul should be damned. My Flame of Love is already lighting up. You know, my little one, the elect will have to fight against the Prince of Darkness. It will be a terrible storm. Rather, it will be a hurricane which will want to destroy the faith and confidence of even the elect. In this terrible turmoil currently brewing up, you will see the brightness of my Flame of Love illuminating Heaven and earth by the effusion of its effect of grace I am passing on to souls in this dark night.”



## **MARY WILL BE EVEN MORE VENERATED**

**August 4, 1963**

**Jesus:** “I must tell you, my daughter, that My Mother will not have been as venerated ever since the Word became Flesh, as she will be once she spreads the effect of grace of her Flame of Love in hearts and souls. The day her Flame of Love prevails, all the prayers and supplications addressed to her anywhere in the world will be joined in one single supplication for help. In this



way, humanity will prostrate at the feet of the Mother of God to give her thanks for her unlimited maternal love.”

“Pass My words on to those concerned and plead with them not to impede this great river of grace which My Mother, through her Flame of Love, wants to run over the earth.”

## **ITS EFFECT WILL ENLIGHTEN ALL THE SOULS**

**November 7, 1963**

During these days, the Blessed Virgin continually urged and asked.

**Virgin Mary:** “I can no longer hold back my Flame of Love in my heart. Let it leap out into all of you. Make all the preparations to set out. Only the first step is difficult. Once it will have been accomplished, my Flame of Love will sweep away with uproar the distrust of souls. Encountering no resistance, the Flame will illumine souls with a gentle light. Those accepting the Flame of Love will be intoxicated by the abundance of graces and they will proclaim everywhere, as I said before, that such a torrent of grace has never been granted since the Word became Flesh.”

## **UNITING FORCES TO BLIND SATAN**

**November 27, 1963**

The Blessed Virgin spoke again in a very human voice.







**Virgin Mary:** “Tell me, my little one, how long will you remain here without moving forward?”

Instantly, her words conveyed a feeling of helplessness and misery in my heart. Then, I once again heard her words which sounded so wonderful, in a way I had only once heard before. They resounded majestically, stern and urgent.

**Virgin Mary:** “To whom, do you think, will I ask to render an account for having set up obstacles? If someone among you was to set up obstacles, defend my Flame of Love with all your might. You must dedicate yourselves to blind Satan. The coordinated forces of the entire world are necessary to accomplish this. Do not delay because someday you will be called to account for the work entrusted to you, for the fate of a multitude of souls. I do not want even one soul damned. Satan will be blinded inasmuch as you work against him.”


Here the Blessed Virgin added that the responsibility will fall not only on the priests, but on all those who, seeking their comfort, did not enroll in the fight to blind Satan.

## **MAKE SACRIFICES TO SAVE SOULS**

**March 11, 1964**

While meditating on the infinite mercy of His Sacred Heart and desiring souls for Him, I recommended my





family in a special way to His mercy. The Lord Jesus spoke with a gentle and lively voice.


**Jesus:** “Heightened trust represents a significant guarantee. Tell Me, Elizabeth, can you imagine that I would not grant you what you are asking on behalf of souls? If it were so, would I not be the One hindering My work of Redemption? I see that you are dwelling on these thoughts, so I will answer your inner questions. Obviously, I do not call everyone in the same manner. I expect more from the one who has received more. But this is not the most important thing for you. The essential is to make sacrifices on behalf of those you want to lead along My road.”

## **MAKE SACRIFICES FOR PRIESTS**



**March 12, 1964**

**Jesus:** “Pay particular attention to the extraordinary importance of priestly vocations. Coming from Me, this is not new for you. And now, with special devotion, make sacrifices for this purpose. Because not only do I commend to your special attention the vocations that are yet to come, but furthermore the present priestly vocations. Make many sacrifices for these.”



**July 27, 1964**

**Jesus:** “Now we are home by ourselves. Do you know that your small room is My sanctuary? I enjoy being here with you because just as I gave you shelter in My house, you provide Me with a home. What unites Me



with you? Your inexhaustible repentance! Yes, this is what inebriates Me. Poor little soul, listen to My words giving recognition to what you're capable of. You inebriate the most high and all powerful God. Understand this great marvel: you can make Me happy by your repentance for your sins."

### **August 18, 1964**

**Jesus:** "You and all who constantly adore Me increase the joy of My Divine Heart. If there were only more of you! You, My little friend, with what joy I look at you. I thirst for every one of your words because these quench My yearning for souls. I have written My teaching and My thirst for souls deeply upon your soul. While I was hanging on the Cross, I cried out in a loud voice: 'I am thirsty.' I say these same words to all, especially to the souls consecrated to Me."




## **THE DIGNITY OF A MOTHER**

### **August 27, 1964**

**Virgin Mary:** "My little daughter, this maternal suffering and the injury that you must endure from others are another opportunity for you to see why I chose a mother to transmit my messages. Only a mother is able to sympathise with me. These multiple sufferings have matured you, and through your experience, you understand better the supreme importance of your participation in the work of my Divine Son."







Without it, you could not make great sacrifices since the true preparation for sacrifices can only mature in sufferings. Ponder deeply this vocation to which you were raised due to the only dignity of being a mother. Maternal dignity is at the same time a vocation saturated with sufferings, and that is what I share with you. I thank you, my little one, for your participation that is continual and filled with sacrifices. I, as a loving Mother, can assure you of your heavenly reward.”

## THE CONFESSOR

**November 13-14, 1964**



**Jesus:** “...Be at peace, My little one. I have irradiated such a great light in the soul of your confessor, that by its brightness he sees clearly the road he must follow to put into action our Holy Cause... We have gained one of the twelve...”



When I heard these words that evening, a great joy like I had never felt before filled my soul. I could see in my heart how Satan will be blinded and the good effects that mankind will receive. Because of this joy, I could hardly close my eyes the whole night. When a light sleep came over me, my guardian angel awakened me saying: “How can you sleep given this great joy that will shake the world?”



## TRIUMPH OF MY DIVINE HEART

**Jesus:** “Satan’s blindness means the universal triumph of my Divine Heart, the liberation of souls and the opening of the way to Salvation to its fullest extent.”

### PUT OUT FIRE WITH FIRE

**December 6, 1964**

When Holy Mass began, the Blessed Virgin began to speak with maternal kindness.

**Virgin Mary:** “We will put out fire with fire.”

I was very surprised by her words. A pause followed, and she continued.

### A GREAT MIRACLE WILL BE ACCOMPLISHED

**Virgin Mary:** “United with you, I will perform a miracle that the scientists of the world will try to imitate to no avail, being completely beyond their power. Only the wisdom of pure and God-loving souls will be able to understand that, as they possess God and His infinite secrets.

Yes, my little one, we will put out fire with fire: the fire of hatred with the fire of love. The fire of Satan’s hatred hurls its flames so high that he believes his victory is at hand. But my Flame of Love will blind Satan. I have placed this Flame of Love in your hands, and soon it will reach its destination, and the flames which spring from my love will quench the fire of hell. My Flame of





Love, with its unimaginable light and beneficent warmth, will wrap the earth. To accomplish this, my little one, I need sacrifice, your sacrifice and the sacrifice of many such that the minds and hearts where the infernal hatred is burning may receive the soft light of my Flame of Love.”

Then she explained: “Do you know what you represent? You are a sparkle of light enkindled in my Flame of Love. The light you receive from me enlightens souls. The greater the number of souls who sacrifice and watch in prayer, the greater the power of my Flame of Love on earth will be. Hence, line-up in close ranks because it is with the power of sacrifice and prayer that the flash of hellish hatred will be overcome. Evil will diminish gradually, the burning flame of hatred will be put out, and the splendor of my Flame of Love will fill all regions of the earth.”


## **SATAN COULD NOT INCITE TO SIN**

**February 4, 1965**

This morning, I woke up very relieved. The Lord Jesus said: “Peace be with you.” I couldn’t not accept this word in my heart. At the words of the Lord Jesus, the desired peace entered my heart. This peace gave me an unmistakable strength. The Lord Jesus said:

**Jesus:** “My little one, have you suffered much? Satan, deprived of the light of his eyes, could not incite you to sin. A fierce anger overwhelmed him when he learned that it is you who were to transmit My Holy Will, and this






is why he wanted to blot it out of your mind. It is through a merit of your sufferings that my Divine Splendor enlightens the divine origin of the 'demonstrated facts' in the souls of those called to transmit the Cause."


## **BURNING VICTIM OF LOVE**

**June 10, 1965**

Before Holy Mass, every morning, I normally spend an hour in adoration. During this time, the Lord Jesus spoke again.



**Jesus:** "Feel the light of My penetrating gaze without which you cannot understand My Divine Word, and by which I am now giving you a particular strength. As I told you, I will not increase your sufferings any more, but I will not diminish them either. I will change the forms under which they will reach you. The fact that your death has not yet arrived is also a form of these sufferings. I gladly admit that I was very pleased when you renounced your life. This renunciation was fruitful both for you and for those for whom you offered it.



And now, I want something else from you. By your sufferings you have become a victim burning with love in whom the Most Holy Trinity takes delight. Do not fear that anything will separate you from us, even for an instant. Heaven is open for you. Of course, it does not mean that earthly torment will cease, and that explains why there was this darkness in your soul. I have placed your soul and your body under the full dominion of the Prince of Darkness so he could do as he pleases with



you. Let him cease every opportunity to put you to the test. I have put at his disposal all the means to make you waver, for him to see with whom he is dealing: a soul that the Most Holy Trinity possesses. He had to admit that such a soul knows how to live, to die and to suffer in complete conformity with My Holy Divine Will. Is there any greater reward for you than to rest in the arms of the Heavenly Father and be filled by the Most Holy Trinity? This is the reason why I say you are a victim burning with love.”

This morning, as the Lord Jesus was speaking, it was like a river overflowing with the feeling of God’s presence. I saw nothing, I just felt it. This Divine Presence confirmed in my heart that I was not deceived by my own imagination.

**Jesus:** “Your burning sacrifice of love will lead souls to the knowledge and love of God. This is My delight. That is why I keep you on earth so you can be a burning victim of love. With My Divine Eyes, I look upon you with favor.”

Following this, my soul enjoyed silence and peace, but only for a few days.









## EXPERIENCE TRANSUBSTANTIATION

**October 17, 1965**

This event took place during the elevation of the Host. When the priest pronounced the words of consecration, the Lord Jesus allowed me to experience in a wonderful way the Transubstantiation of His Sacred Body. He said:

**Jesus:** “I did this for you and for all the souls. It is due to the working of special graces of My Divine Love that your soul was able to deeply feel this sublime moment.”

Several hours passed and my heart was still pounding from this amazing experience of Transubstantiation. Then I started to think: “How could the apostles withstand the miracle of Transubstantiation in their body and soul, being so close to the Lord Jesus?” Because even in these few minutes – no, I have not written it right – in these few moments, I felt as if I was going to die on the spot. If the Lord Jesus had not lessened the extraordinary effect of Transubstantiation in me, I would have had no strength. Even now, the effects of this experience are difficult to bear.



## THE ENORMOUS POWER OF REPENTANCE

**January 3, 1966**

Early in the morning, my soul was filled with a profound sorrow for my sins. On the way to morning adoration and Holy Mass, the Lord was talking with me. I could



only record these few words which left a living mark on my soul. I continued to sorrow for my sins.

**Jesus:** “You see, beloved, how immensely powerful repentance is! You can even disarm the power of God on the verge of chastising the world. Listen, Elizabeth, you and all who make reparation for others force Me to forgive even though My raised hand is ready to punish. I extended My hands nailed to the Cross before My Heavenly Father to defend you and save you from eternal damnation. I offered satisfaction to My Father. You must do likewise; this is what it means to participate in My work of Redemption.”

## **SPEECH IS A GIFT OF GOD**

**JULY 26, 1971**

**Virgin Mary:** “You can only explain my Flame of Love to others by speaking about it. You have no right to be silent because of cowardice, pride, negligence or fear of sacrifice.

Let the words you say about me be alive so the mystery of Heaven has an impact on souls. If eventually you ask to speak and it is granted to you, may my power be with you! Let each word be like a seed planted so those listening produce an abundant harvest.”





**SUGGESTED STEPS FOR THE CENACLES OF PRAYER  
OF THE FLAME OF LOVE**

**1** Virgin Mary: "I ask you, My daughter, to offer to My Divine Son a very special penance on Thursdays and Fridays [...] Begin with a spiritual reading this hour that you will pass in your homes to make penance, and continue with the recitation of the holy Rosary or different prayers, in an atmosphere filled with reverence and fervour. Recite it at least two or three together, because where two or three are gathered in My Son's Name, He is among them. Start by making the sign of the Cross five times, and while you do it, offer yourselves to the Heavenly Father by means of the wounds of my Divine Son. Finish likewise. [...]"  
(April 13, 1962)

**2** It is recommended to make a reading from the Spiritual Diary of Elizabeth Kindelmann.

**3** Recite the prayer to Saint Michael the Archangel

SAINT MICHAEL THE ARCHANGEL, defend us in the day of battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou,

O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who wander throughout the world seeking the ruin of souls. Amen.





**4** Pray the Rosary and insert in each Hail Mary the petition to the Flame of Love thus: (October 1962)

Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, **spread the effect of grace of Thy Flame of Love over all of humanity**, now and at the hour of our death. Amen.

#### **A NEW PRAYER FROM JESUS: THE UNITY PRAYER**

The sweet Redeemer asked me to pray with Him the prayer that expresses His deepest desires:

**My adorable Jesus**  
May our feet journey together.  
May our hands gather in unity.  
May our hearts beat in unison.  
May our souls be in harmony.  
May our thoughts be as one.  
May our ears listen to  
the silence together.  
May our glances  
profoundly  
penetrate each other.  
May our lips pray together to  
gain mercy from the Eternal Father, Amen.





## **PRAYER FOR THE PROPAGATION OF THE FLAME OF LOVE**

BLESSED VIRGIN MARY, OUR MOTHER, Your love of God and Your love for us your children is such that You offer us to Your Divine Son Jesus on the Cross, to obtain forgiveness for our sins from the Eternal Father, and thus, obtain our salvation, and for anyone believing in Jesus not to perish but obtain Eternal Life.

It is with filial trust that we beseech you, Blessed Mother, with the Flame of Love of Your Immaculate Heart and through the Holy Spirit, to inflame in our hearts the fire of a perfect love for God and all men.

Help us to spread this Holy Flame to all people of goodwill, so that the Flame of Love may extinguish the fires of hate all over the world, and Jesus, the Prince of Peace, may be King, front and centre, in every heart, in the Sacrament of His Love on the throne of our Altars. Amen.






### **CONSECRATION TO THE IMMACULATE HEART OF MARY**

O IMMACULATE HEART OF MARY, ever-filled with kindness, show us Your Love. May the Flame of Love of Your Heart descend upon all men. We love You with all that we are. Instil true love in our hearts, that we may have toward You an unceasing devotion.

O MARY, who art meek and humble of Heart, remember us when we are in a state of sin. By means of Your





motherly and Immaculate Heart, heal us from all our spiritual ailments and deficiencies.

Grant that we may always see the kindness of Your motherly Heart, and be converted by Your Flame of Love. Amen.





***My Adorable Jesus.***

May our feet journey together.

May our hands gather in unity.

May our hearts beat in unison.

May our souls be in harmony.

May our thoughts be as one.

May our ears listen to  
the silence together.

May our glances  
profoundly  
penetrate each other.

May our lips pray together  
to gain mercy from the Eternal Father.

Amen.

***O BLESSED LADY,  
SPREAD THE EFFECT OF GRACE  
OF THY FLAME OF LOVE  
OVER ALL OF HUMANITY.***





**The Flame of Love  
of the  
Immaculate Heart of Mary Movement,  
Ireland**  
[www.flameoflove.ie](http://www.flameoflove.ie) [info@flameoflove.ie](mailto:info@flameoflove.ie)

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